## Fall 2025 Schedule Junior



Day	Time	Session Type	Dates	No Skating	Weeks	Price
Monday	02:45 PM - 03:45 PM	Open Freeskate	Sep 8 - Dec 15	Oct 13	- 14	\$160.00
	04:30 PM - 04:45 PM	Group Enrichment				\$186.00
	04:45 PM - 05:00 PM	Spins				
	05:00 PM - 05:45 PM	Freeskate				
	05:55 PM 06:10 PM	Jump / Theory Off-Ice	Con C. Doo C		13	\$23.00
	06:15 PM - 07:00 PM	Stretch Off-Ice	Sep 8 - Dec 8			\$69.00
Tuesday	02:45 PM - 03:30 PM	Open Freeskate 1	Con 2 Don 10	Sep 30, Nov 11	14 -	\$120.00
	03:30 PM - 04:30 PM	Open Freeskate 2	Sep 2 - Dec 16			\$160.00
	04:45 PM - 05:45 PM	Open Pilates Off-Ice	Sep 2 - Dec 9	1407 11	13	\$91.00
Wednesday	02:45 PM - 03:45 PM	Open Freeskate	Sep 3 - Dec 17	-	16	\$183.00
	04:30 PM - 04:45 PM	Group Enrichment				\$183.00
	04:45 PM - 05:30 PM	Freeskate				
	05:45 PM - 06:45 PM	Strength Off-Ice	Sep 3 - Dec 10		15	\$105.00
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Sep 4 - Dec 18	-	16	\$78.00
Saturday	01:45 PM - 02:00 PM	Group Enrichment	Sep 6 - Dec 6	-	14	\$200.00
	02:00 PM - 03:00 PM	Freeskate				
	03:15 PM - 04:15 PM	Ballet Off-Ice				\$98.00
Sunday	08:30 AM - 09:30 AM	Open Freeskate	Con 7 Don 7	Oct 12, Nov 9, Dec 14	12 -	\$137.00
	09:40 AM - 10:10 AM	Open Jump Off-Ice	Sep 7 - Dec 7			\$42.00

There is no off-ice December 15 - 18.

CompSTAR Simulation on Wednesday, November 17th.

Christmas Exhibition on Saturday, December 13th!

Off-Ice Locations			
Jump	Rinkside		
Stretch	Room 151		
Pilates	Church		
Strength	Rinkside		
Ballet	Church		

Last updated: Sep 8 2025

## Fall 2025 Schedule Senior



Day	Time	Session Type	Dates	No Skating	Weeks	Price
Manday	02:45 PM - 03:45 PM	Open Freeskate	Sep 8 - Dec 15	- Oct 13	14	\$160.00
	05:15 PM - 06:15 PM	Stretch Off-Ice	Car O Dag O		13 -	\$91.00
	06:20 PM - 06:35 PM	Jump / Theory Off-Ice	Sep 8 - Dec 8			\$23.00
Monday	06:45 PM - 07:00 PM	Spins			14	
	07:00 PM - 08:15 PM	Freeskate	Sep 8 - Dec 15 *			\$260.00
	08:15 PM - 08:30 PM	Group Enrichment				
	02:45 PM - 03:30 PM	Open Freeskate 1	0 0 0 10		14 -	\$120.00
	03:30 PM - 04:30 PM	Open Freeskate 2	Sep 2 - Dec 16			\$160.00
Tuesday	04:45 PM - 05:45 PM	Open Pilates Off-Ice	Sep 2 - Dec 9	Sep 30, Nov 11	13	\$91.00
	04:30 PM - 05:30 PM	Freeskate	Sep 2 - Dec 16	-	14	\$160.00
	05:45 PM - 06:45 PM	Pilates Off-Ice	Sep 2 - Dec 9		13	\$91.00
	02:45 PM - 03:45 PM	Open Freeskate	Sep 3 - Dec 17		16	\$183.00
Nednesday	04:30 PM - 05:30 PM	Strength Off-Ice	Sep 3 - Dec 10	- -	15	\$105.00
	05:45 PM - 06:45 PM	Freeskate	Sep 3 - Dec 17		16	\$183.00
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Sep 4 - Dec 18	-	16	\$78.00
	02:00 PM - 03:00 PM	Ballet Off-Ice	Sep 6 - Dec 6	-	14	\$98.00
Saturday	03:15 PM - 04:15 PM	Freeskate				\$240.00
	04:15 PM - 04:45 PM	Group Enrichment				
Cunday	08:30 AM - 09:30 AM	Open Freeskate	0 7 0 7	Oct 12, Nov 9, Dec 14	12 -	\$137.00
Sunday	09:40 AM - 10:10 AM	Open Jump Off-Ice	Sep / - Dec /			\$42.00
Thursday	04:30 PM - 05:30 PM 05:45 PM - 06:45 PM 06:30 AM - 08:00 AM 02:00 PM - 03:00 PM 03:15 PM - 04:15 PM 04:15 PM - 04:45 PM 08:30 AM - 09:30 AM	Strength Off-Ice Freeskate Open Freeskate Ballet Off-Ice Freeskate Group Enrichment Open Freeskate	Sep 3 - Dec 10 Sep 3 - Dec 17 Sep 4 - Dec 18		15 16 16 16	\$10 \$18 \$78 \$98 \$24 \$13

<sup>\*</sup> Dec 15 ice sessions start 45 minutes earlier (6:00pm - 7:45pm) (There is no off-ice December 15 - 18.)

CompSTAR Simulation on Wednesday, November 17th.

Christmas Exhibition on Saturday, December 13th!

Off-Ice Locations		
Jump	Rinkside	
Stretch	Room 151	
Pilates	Church	
Strength	Rinkside	
Ballet	Church	

Last updated: Sep 8 2025